

NEWSLETTER

The Independent Maternity Review | Nottingham University Hospitals NHS Trust

REVIEW UPDATE

Since the Review started in September 2022, 2,031 families have joined the Review.

**OUR OFFICES ARE
CLOSED ON:**
25TH DECEMBER
26TH DECEMBER
1ST JANUARY

A MESSAGE FROM THE CHAIR OF THE REVIEW

Dear Families,

We recognise that as we near the end of the year, this time can be especially difficult for families in the Review as it may be a reminder of time passing since their experience, loss, or trauma. If you feel as though you need extra support at this time, please contact our team on nottsreview@donnaockenden.com, or the Family Psychological Support Service on enquiries@fpssnottingham.co.uk.

My team and I would like to send you our warmest wishes during the festive period and in the New Year.

Thank you.



CHARITY OF THE MONTH - MUMMY'S STAR

We are always looking for different ways to support families who are part of the Review. December's Charity of the Month is Mummy's Star.

Mummy's Star is the only charity in the UK and Ireland dedicated to supporting mums and birthing parents diagnosed with cancer in or around pregnancy. They provide emotional, practical, financial and peer support to meet the needs of each unique family and can offer support beyond treatment, and for secondary or end of life diagnoses. They also provide training and education sessions to healthcare and maternity professionals.



info@mummysstar.org



www.mummysstar.org

FAMILY PSYCHOLOGICAL SUPPORT SERVICE (FPSS)

We recognise that for many families their experience has been traumatic, and that they may need extra support because of what has happened. As well as this, we appreciate that being a part of the Review can trigger the emotions that were felt as a result of the experience that families have had at NUH. The Review team have made it their priority to offer support to families through the Family Psychological Support Service (FPSS). FPSS provide tailored psychological support for individuals, couples, and families in the Review. To date, 418 families have been referred for support.

- Anyone within the family can access this service.
- There are no time limits to the number of sessions you can access
- This service will continue to run after the Review comes to an end
- They are able to offer home visits; provide support via video, telephone, or face-to-face
- Offer support across a range of languages through interpreters